

Task 2: Participating in sport.

NAME:

TEACHER:

WHAT TASK 2 ASKS

Produce a series of video clips demonstrating sports skills for your chosen sport.

At least three sports skills in isolated practices

One skill at a time, no opposition. Enough repetitions to show it was not luck.

Skills and strategies in a competitive situation

Match standard: proper numbers, a defined area of play, an official.

Approximately 15 minutes of video

Filmed in lessons across the term, not in one session.

Judged on accuracy, fluency and control

MB4 needs high levels of all three in BOTH situations, with strategies used effectively every time.

Nothing is written up for this task. It is assessed entirely on what the camera and the teacher see.

EVIDENCE LOG

Chosen sport: _____. Fill this in as you go. A gap here is a gap in your marks.

Date	Technique or skill shown	Isolated or competitive	Strategy shown	Filmed?

READINESS CHECK

Go through this with your teacher before the marks go in. Anything unticked is a gap.

Three skills, isolated

Each one filmed in a short clip, with enough repetitions to show consistency.

A competitive situation

Proper numbers, defined area, an official present.

Strategies on camera

You choosing the right option under pressure, more than once.

Sound on

Your teacher may need to hear the coaching point or the call.

Backed up

Clips off the camera and into the class folder, named and dated.

MB4: high levels of accuracy, fluency and control in both situations, strategies effective on all occasions.