



Pearson

Pearson BTEC Tech Award Level 1/2

June 2024

Time 4 hours (approximately)

**Paper
reference**

BSP02

Sport

**COMPONENT 2: Taking Part and Improving Other Participants'
Sporting Performance
Pearson Set Assignment**

Instructions

This assessment may be given to learners as soon as it is received. This assessment is for use with the May 2024 – June 2024 moderation series. Please refer to the Administrative Support Guide for further information and mark submission deadlines.

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Instructions to Learners

You should read the information given in the vocational context and each task section of this assignment carefully prior to starting work. Tasks often link to one another, so it is important to make sure you understand all tasks before starting the assignment.

The assignment will take approximately 4 supervised hours to complete.

This is divided into approximately:

- 1 hour to complete Task 1
- 1 hour to complete Task 2
- 1 hour to complete Task 3
- 1 hour to complete Task 4.

These timings are for guidance only but should be used as an indication of how long to spend on each task. Your teacher will advise you when it is time to move from one task to the next.

You must work independently and should not share your work with other learners. All work must be your own and you must sign a declaration of authenticity to confirm this. If group work or collaboration is permitted, you must produce your own independent responses and evidence for the tasks.

Any sources of information, ideas, text, audio and/or visual assets created by others that you include in your work **must** be clearly identified and referenced. Using the work of others as your own or without proper acknowledgement is considered plagiarism and can result in disqualification from the assessment.

You may ask your teacher for support if you have questions about the requirements of tasks, what evidence you need to produce and any resources you are allowed to access. When producing video evidence you must be easily identifiable within the footage. Your teacher cannot give you feedback about how to improve your work or guide you to solutions to any questions or problems in the tasks.

Vocational context

A local company employs over 200 people. After a meeting with the company owners and numerous members of staff, it is evident that the staff feel overworked, undervalued and struggling with their physical wellbeing.

The company owners would like to show their appreciation to the employees and have decided to do this through investing in a fitness programme for all employees. The fitness programme includes fitness classes, cycling to work initiatives and an employee suggestion box for other activities to help improve morale and physical fitness.

A number of employees have asked if the owners of the company would be interested in sponsoring a local sports team so that they can take part in competitive sport. The owners of the company agree to do this, but only if the employees who have made this suggestion can get at least five other members of staff to join the team.

As a sport student on work placement at the company, the owners have asked for your help and support in developing the programme.

Tasks

Task 1 – Components of fitness

To help the employees who have asked for the sponsorship from the company owners, you must provide some promotional materials for the employees that will help them to understand the different components of fitness required for participation in a team sport of your choice.

Produce a written response that will enable the employees to understand what each of the different components of fitness are, their use in the chosen team sport and the impact they have on performance in that sport.

Your written response should include an account of:

- how each of these components of fitness will be used during participation in the chosen team sport
- the impact of each of these components of fitness on performance in the chosen team sport.

Learning outcome covered

Outcome A: Understand how different components of fitness are used in different physical activities.

Checklist of evidence required

A written response of approximately 2-3 pages of A4, which can include supporting images.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 1.

(Total for Task 1 = 12 marks)

Task 2 – Participating in sport

The company owners have asked that you demonstrate to the employees the benefits of them playing competitive sport. In doing this, the employees in the company hope to increase the number of their colleagues who would be interested in playing in one of the sports teams. The employees hope to increase their understanding of the skills and strategies required for your **chosen sport**.

The employees would like you to produce a series of video clips that will demonstrate sports skills for your chosen sport being demonstrated in isolated practices and sports skills and strategies being demonstrated in competitive situations.

Your video clips should include practical demonstrations of:

- **at least three** sports skills being performed in isolated practices
- sports skills and strategies being performed in a competitive situation.

Learning outcome covered

Outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.

Checklist of evidence required

Video recordings, lasting approximately 15 minutes, of sports skills in isolated practices and sports skills and strategies in competitive situations for a selected sport.

Resources needed

Video camera with sound recording.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 2.

(Total for Task 2 = 12 marks)

Task 3 – Officiating in sport

The employees would like to refresh the memories of the staff members who have shown interest in joining the team about the roles of the officials and the rules for your **selected sport**.

You have been asked to produce a presentation to assist the employees who are interested in joining the team in understanding the different roles and responsibilities of the officials for your selected sport.

The employees should also understand the rules associated with the playing area and non-adherence to the rules required to take part in your selected sport.

Your presentation should include an account of:

- the different roles and responsibilities of officials in your selected sport
- rules and regulations around:
 - the playing area and
 - non-adherence to the ruleswhen taking part in your selected sport
- actions the officials would be expected to take to ensure the rules associated with:
 - the playing area and
 - non-adherence to the ruleswhen taking part in your selected sport.

Learning outcome covered

Outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.

Checklist of evidence required

A presentation of approximately 10–15 slides that can include any combination of:

- text
- images
- embedded audio/video content lasting no more than 3 minutes
- slides notes.

Physical presentation is not required. Where the option of physical presentation is taken, this should last no longer than approximately 5-10 minutes. This is under the assessment controls stated within the subject assessment strategy.

Resources needed

Resource requirements will depend on evidence to be submitted. You can access the internet if necessary to search and access audio-visual content.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 3.

(Total for Task 3 = 12 marks)

Task 4 – Improving participants’ sports skills

The employees who have shown an interest in the team would like to take part in a taster session for your selected sport.

To prepare for this session you are going to provide practical support to help those that are interested to learn how to improve **one sports skill of your choice for your selected sport**.

You will need to produce a session plan of the drills and conditioned practices that you will use to develop **one** sports skill of your choice.

You will also need to provide video evidence that you are able to deliver demonstrations of the techniques to the employees and support them as they take part in your planned drills and conditioned practices.

Your written response should include:

- a plan of the drills and conditioned practices to develop participants’ techniques for your chosen sports skill
- an account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sports skill in competitive situations.

Your video footage should include:

- practical evidence of you demonstrating the techniques required to perform the chosen sports skill using key teaching points to support good practice
- practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sports skill
- practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sports skill.

Learning outcome covered

Outcome C: Demonstrate ways to improve participants’ sporting techniques.

Checklist of evidence required

- A written response of 3–5 pages of A4.
- Video recordings lasting approximately 10 minutes of you demonstrating sports drills and conditioned practices and supporting participants as they take part in these activities.

Resources needed

Video camera with sound recording.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 4.

(Total for Task 4 = 24 marks)

TOTAL FOR SET ASSIGNMENT = 60 MARKS